For Infants

Growing Children

Convalescents

Consumptives

Dyspeptics and

The Aged.

A
Perfect
Nutriment
in
A ste
Illness
and
all

Wasting

Diseases





# MELLIN'S FOOD

## FOR INFANTS.

"Those palates who, not yet two summers young, Must have inventions to delight the taste."

PERICLES.

THE greatest care should be exercised in the selection and use of a food for infants. Upon the diet depends their life and growth, and the proper nourishment in infancy and childhood will insure the development of healthy and robust adults.

It is universally admitted that a mother should, if she is able, nurse her child; if she cannot, or if for some good reason it is not advisable either for herself or for the child, then the best alternative is the

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use of a proper artificial food. The substitute should correspond as closely as possible, both chemically and physiologically, to mother's milk, because nature's work can never be improved. The bad effects of hand-feeding can be traced to the disregard of this essential principle, and they are seen not only during infancy, but also in childhood, and perhaps in the ill health of adult years. Every parent wishes his child to have vigorous health and a rugged constitution, since upon these, future happiness and success in life will largely depend.

The preparation of artificial foods for infants has been the subject of much study, and many kinds have been contrived; but the rational feeding of infants commenced with the introduction of Mellin's Food, for it is the only perfect substitute for mother's milk, being the only infant food corresponding chemically and

physiologically to mother's milk. Infants relish it at once, and are exceedingly fond of it. If they have been weak, fretful, or troublesome, they will become strong, healthy, and active. They will be well nourished, and will have firm muscles and strong bones, rosy cheeks and bright eyes, and will be happy and laughing all the day long; they will thrive beyond the mother's fondest expectations. You will have no more sleepless nights because the baby is worrisome, or is screaming with colic. You need have no fear of cholera infantum, teething, or the "second summer."

Mellin's Food is so easily prepared for use that it is a real blessing to the busy or tired mother; it is simply to be dissolved in milk and water, and requires no cooking, so that a very few minutes night and morning are all that is necessary to prepare the baby's food for twenty-four hours. It has been thoroughly and successfully tried during many years by thousands of mothers, and its strongest indorsement is the multitude of healthy, active children who have been reared upon it.

#### A MELLIN'S FOOD BOY.



MASTER MILLAR, HAREWOOD SQUARE, LONDON, ENG.

# MELLIN'S FOOD

## FOR INVALIDS.

"What is infirm from your sound parts shall fly, Health shall live free, and sickness freely die." ALL'S WELL, THAT ENDS WELL.

ADULTS of any delicacy of digestion, dyspeptics, the aged, invalids, convalescents and consumptives, all require food which can be easily digested and yet is very nutritious. Mellin's Food answers these requirements, and is therefore especially suitable and beneficial. It is digested with ease by delicate, irritable or enfeebled stomachs; it is very nourishing, containing the appropriate elements to repair waste in a quickly assimilable and relishable form, and it stimulates and facilitates the digestion of other food.

Adults in good health, experiencing some temporary derangement of the digestion through overwork or other cause, will obtain quick relief by the use of Mellin's Food.

Mellin's Food can be eaten in the dry state, it can be dissolved in hot water and added to milk, cocoa or coffee, or it can be sprinkled upon toasted bread and crackers either dry, or softened in hot or cold water or milk.

In illness it is "a great fact that upon a carefully selected diet the patient must depend for the natural strength which is to be the chief reliance in stemming the adverse tide."

The bodily demands being small the invalid does not require, neither can he bear, a hearty diet; he needs light, nutritious food, and it is essential that besides being nutritious it should be very easy of diges-

tion; such is MELLIN'S FOOD, and upon it the invalid will gain strength because he is *fed*. The feeling of languor and weariness will soon cease, and the patient will become comfortable and cheerful.

Dyspeptics will obtain great benefit from the use of Mellin's Food; it must be persistently used, for recovery from this distressing complaint is necessarily slow, but relief will surely come.

In wasting diseases, milk is a most important part of the diet. The addition of Mellin's Food, by softening the curd, prevents the milk from disagreeing with the patient, as it is apt to do, and at the same time largely increases its nutritive value.

In acute illness it is now recognized that the patient must be fed with the most nutritious and easily digested foods, in order that the "resisting and recuperative powers" may be sustained. Mellin's Food

is therefore perfectly adapted to the wants of those severely ill. It will sustain the failing strength, and when convalescence has been established, a good recovery will be made.

In milk diet, which is so often recommended by physicians, Mellin's Food should be added to the milk. By its aid the difficulty which patients generally find in digesting milk alone, is entirely overcome, and it also adds greatly to the food value of the milk, because Mellin's Food itself is so very nutritious.

"The proper dietary is surely as essential to the recovery of an invalid as medicine."

Will you read the following testimonials? They tell the story of the good results which follow the use of Mellin's Food.

### TESTIMONIALS.

MAIDEN ROCK, WIS., Jan. 13, 1890.

Dear Sirs,—I am raising my baby on Mellin's Food. Before I commenced to give it to her, she was sick all the time; we could not sleep, she was so cross. The neighbors who called to see the baby would say the child could not live. Then I commenced to give her Mellin's Food, and a healthier and more solid baby girl than she now is you never saw. When I commenced to give her the Food, she weighed only three pounds; now she is four months old and weighs seventeen pounds, and sleeps well nights. We praise Mellin's Food for it.

MRS. SARAH E. KOHAL.

ST. HELENA, CAL., Feb. 25, 1891.

Gentlemen,—I have two children, one a little frail girl of two, raised on the bottle. We tried everything except MELLIN'S FOOD. She is alive and doing fairly well now, but never has enjoyed real good health. At one year she weighed but fourteen pounds. Our other is a bright, healthy babe of six months; she eats and sleeps well; we began feeding her at the age of three weeks on MELLIN'S FOOD. She has never been sick; never asks for food inside of three hours. I assure you I appreciate the blessing of health. Baby weighs now seventeen pounds, and is always happy and has a laugh for every one.

Yours respectfully,

MRS. W. H. HUTCHINS.

#### TEETHING.

DETROIT, KAN., January 6, 1889.

Gentlemen,—I am happy to say that the Mellin's Food gives entire satisfaction, and it would be hard to find a stronger, healthier baby than my boy. He is now a little over seven months old, weighs over twenty-five pounds, and has cut four teeth without any trouble.

Yours truly,

MRS. WILL KAPP.

#### INDIGESTION.

JOHNSTOWN, N. Y., March 25, 1890.

Gentlemen, — My baby suffered from indigestion until he became a mere shadow. I commenced using Mellin's Food four months ago, and now he is plump and healthy, all traces of indigestion having disappeared. To me the Food is invaluable.

Yours respectfully,

MRS. J. B. AYER.

#### DYSPEPSIA.

SKOWHEGAN, ME., March 20, 1891.

Gentlemen, —I am afflicted with dyspepsia, and can find nothing equal to your Mellin's Food, being often obliged to confine my diet to that alone.

Yours respectfully,

H. C. MARBLE.

"WE ARE ADVERTISED BY OUR LOVING FRIENDS."

King Henry VI.



WEST WINSTED, CONN., February 28, 1891.

Gentlemen,—I send you a picture of my Mellin's Food boy. When he was about a year old he had a great deal of trouble with his stomach. After trying many other foods which gave no relief, we tried Mellin's Food, and in twenty-four hours he began to improve. He became a perfectly healthy child, and has remained so ever since.

Yours truly, K. T. SHELDON.

#### VOMITING.

LA GRANGE, ILL., December 21, 1889.

Gentlemen, — Our baby had gained two pounds before we had used quite one bottle of MELLIN'S FOOD. He now weighs fifteen pounds, making a gain of five pounds since we began using the FOOD, and we have used nearly three large bottles. He has entirely ceased vomiting, and seems perfectly healthy in every particular.

Yours very truly,
MRS. J. E. CLARK.

#### THE SECOND SUMMER.

PROVIDENCE, R. I., September 9, 1889.

Gentlemen,—I use Mellin's Food for our baby girl; she thrives and is in the best of health. This is her second summer, and though teething, she has been very well.

Yours truly,

L. W. MUELLER.

#### COLIC.

NEW YORK, January 29, 1890.

Dear Sirs,—My baby is doing nicely on Mellin's Food—previously suffered agonies with colic; now sleeps all night. We have only been trying it a week and he seems to have grown fatter already.

Respectfully,
MRS. N. E. WRIGHT.



MASTER EIDEMILLER, MINNEAPOLIS, MINN.
"SO BIG! MELLIN'S FOOD DID IT."

#### CHOLERA INFANTUM.

PHILADELPHIA, PA., December 24, 1889.

Gentlemen, —I feel I cannot speak highly enough of MELLIN'S FOOD. It brought my baby through a severe attack of cholera infantum at the age of three weeks. Now she is six months old, and strong and well, for which credit is due to MELLIN'S FOOD.

MRS. H. R. NORTH.

#### REGULATES THE BOWELS.

PORTSMOUTH, O., November 25, 1889.

Sirs,—We have been using Mellin's Food for our baby for six weeks. When we began we were almost in despair, her bowels were in such a condition, and nothing seemed to do her any good until some one told us of Mellin's Food. I got a bottle at once, and now she is as fat and hearty a baby as ever was; sleeps well and is as well as can be. One would not believe such a change could take place in the length of time that we have been using it.

Very truly yours,

W. L. TIBBETTS.

#### VERY YOUNG CHILDREN.

WALTON, N. Y., September 5, 1889.

Gentlemen,—I have been using MELLIN'S FOOD for my little boy; he is five months old, and has been fed on the Food since he was nine days old, and he is doing nicely on it.

MRS. EDGAR R. HOWLAND.



#### WITH BREAST MILK.

LYNN, MASS., April 5, 1889.

Gentlemen, — Our baby is now eight months old, and since September 3d has had two-thirds of her nourishment from Mellin's Food. She has never had a sick day, and is fat and healthy. I recommend it very highly.

MRS. J. F. TAGNEY.

#### CHANGE OF MILK.

WASHINGTON, D. C., May 16, 1891.

Gentlemen. - I have been using MELLIN'S FOOD for six months with most satisfactory results. My little girl is the perfect picture of health. Every one remarks, "What a strong, healthy baby." She is plump, not flabby fat, and has not had a sick day since we commenced using the FOOD. She has been free from indigestion and colic, and has cut two teeth without fretting or trouble. We have changed the milk three times; being away from home when we commenced using the Food, we were compelled to change the milk when we returned; again this spring we had to change, and concluded to change from cow's milk to condensed milk. Although somewhat fearful of the results, we did so, and I was surprised that it did not affect her in the least. We shall continue the use of the Food and condensed milk until she is a big girl. She is good-natured all the day long and sleeps well.

Very truly yours,

MRS. P. L. BUSH.

#### CONSTIPATION.

CHICAGO, ILL., February 24, 1889.

Gentlemen, — Last October I received your pamphlet concerning Mellin's Food. Have been feeding my seven months' boy on the Food, and by its use have overcome constipation, which was the difficulty I sought to remove. I had been feeding him cow's milk with fair success at first, but later constipation made its appearance, which was cured by the use of the Food. Have never had a recurrence of the difficulty except on one occasion, when I was without the Food for twelve hours.

Yours respectfully,
MRS. J. W. GILMORE.

ARROYO GRANDE, CAL., October 9, 1889.

Sirs,—I have been using your Food for Infants for my boy, now eight months old, and am much pleased with it. He was troubled with constipation and nearly died. I began giving him Mellin's Food, and now he is not troubled that way at all. Please send me your book entitled "The Care and Feeding of Infants."

MRS. G. A. BAKEMAN.

GALESBURG, ILL., April 7, 1890.

Dear Sirs,—Our baby has been improving since we began using Mellin's Food. His bowels act every day, when before, only every other day or every third day. He is now twelve weeks old, and is growing much better and brighter.

Respectfully,

MRS. G. W. ARMSTRONG.

### ONCE USED, ALWAYS USED.

West Philadelphia, Pa., November 3, 1886. Gentlemen, — Allow me to add a word of praise to your Mellin's Food list. I have used it for six years constantly, and always with satisfaction.

Very truly yours, ELIZA WEBSTER.

RALEIGH, N. C., May 17, 1887.

Gentlemen, — I have raised two children on your Mellin's Food and cow's milk combined, and always recommend your Food as the thing for children. I am now feeding the third one on the same Food, the mother not giving any nourishment for him. I don't think I ever saw healthier children. We are troubled very little with their bowels. We certainly can recommend it highly as being all that is claimed for it.

Yours truly, CHAS. C. McDONALD.

LAREDO, TEX., January 21, 1887.

Dear Sirs, —I have had great success with Mellin's Food, having raised one baby entirely on it, and have the second one using it at present. They are both large, healthy boys, and never give any trouble, not even when teething, and we give the credit to Mellin's Food, and recommend it to every one.

Yours respectfully,
B. G. SWEENEY.

MARSHALLTOWN, IA., November 21, 1886.

Dear Sirs, — In regard to MELLIN'S FOOD allow me to state that in my practice among children, I have had more and better success with MELLIN'S FOOD than with any and all others I have tried. In my experience it has been the least liable to sour the stomach.

Yours very truly, ROSA UPSON, M.D.

.CAMBRIDGE, MASS., Jan. 27, 1890.

Gentlemen,— Having used Mellin's Food in my family for the last fourteen years with the very best results, I can truthfully say that it has proved itself to be one of the best preparations of its kind in the market. I have raised seven children on it and have just begun on the eighth, a child of three weeks old. We did not give it until we were forced to, the milk alone not satisfying her.

Very respectfully,

THEO. P. PRENTICE.

#### NERVOUS PROSTRATION.

TAPLEYVILLE, MASS., August 20, 1887.

Dear Sirs,—I have been suffering from nervous prostration for a year and a half. During about a year of that time I have used Mellin's Food quite freely. I find it does me more good than any other kind of prepared food. It is agreeable to take, and nutritious. I use it now almost daily. Very truly yours,

REV. W. M. AYRES.

#### ACUTE ILLNESS.

QUINCY, ILL., June 7, 1886.

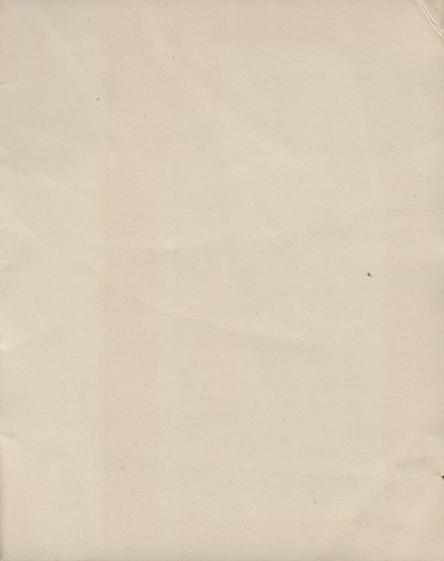
Gentlemen, — I was a patient in Blessing Hospital a year ago, and, very weak from typhoid fever, was fed your Mellin's Food under the direction of the matron, Mrs. C. Anderson, and gained strength rapidly. Am now working hard, with no signs of disease or its effects, and feeling under obligations to you for your preparation, I acknowledge its benefit to me.

Very truly yours, GEO. C. McCRONE.

We have received many thousands of testimonials from those who have raised their babies on Mellin's Food, and we are constantly in correspondence with parents in regard to the proper preparation and use of Mellin's Food. We cordially invite such correspondence, and assure it our most careful and prompt attention.

Our book for the instruction of mothers, "The Care and Feeding of Infants," will be mailed free to any address upon request.

THE DOLIBER-GOODALE CO.,
41 CENTRAL WHARF,
BOSTON, MASS.





# MELLINS Food

is a dry granular powder put up in

## BOTTLES

There are two sizes

the large contains

# DOUBLE

the QUANTITY

of the small and is more economical

for the purchaser.