

# Why you'll like SWANS DOWN "Mix-Easy" cakes



Cuts beating

time 1/2!

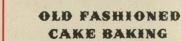
Only 2 siftings ---not 4!

No Creaming!

You save so much fuss and bother — you do away with more than a dozen steps—you actually cut the job in half—when you use a Swans Down "Mix-Easy" recipe! And your cake tastes richer, keeps fresh longer, too.

Compare these 3 simple directions for making a Swans Down "Mix-Easy" cake with the complicated 6 required for old-fashioned cake-making!





- 1. Sift flour once, measure.
- 2. Add baking powder and salt and sift. Sift again. Sift again.
- 3. Cream shortening.
- **4.** Add small amount of sugar, creaming until light and fluffy. Repeat. Repeat. Repeat. Repeat.
- 5. Add egg and beat well. Repeat for each egg.
- 6. Add flour and liquid alternately.

Add ¼ of flour; beat. Add ¼ of liquid; beat. Add ¼ of liquid; beat. Add ¼ of flour; beat.

"Mix-Easy"cake making

- 1. Same.
- 2. Add baking powder, salt, and sugar and sift over shortening.
- Add ½ the liquid and the eggs and beat 1 minute. Add remaining liquid; beat 2 minutes.





# Tastes richer!







Fewer dishes to wash

# "MIX-EASY" RED DEVIL'S FOOD

#### **Preparations:**

Have the shortening at room temperature. Grease 9x9x2-inch pan, line bottom with waxed paper, and grease again. Start oven for moderate heat (350° F.). Sift flour once before measuring.

#### **Measurements:**

#### Measure into sifter:

Measure into bowl:

11% cups sifted Swans Down Cake Flour 3/4 teaspoon salt  $\frac{3}{4}$  teaspoon soda 11/4 cups sugar

2 squares Baker's Unsweetened Chocolate, cut up and melted in 3/4 cup hot water 1 teaspoon vanilla 2 eggs, unbeaten

 $\frac{1}{2}$  cup vegetable shortening

#### Now the "Mix-Easy" Part:

Mix or stir shortening just to soften. Sift in dry ingredients; add  $\frac{1}{2}$ of chocolate mixture, the vanilla, and eggs. Mix until all flour is dampened; then beat 1 minute. Add remaining chocolate mixture, blend, and beat 2 minutes longer. (Count only actual beating time. Or count beating strokes. Allow at least 100 full strokes per minute. Scrape bowl and spoon or beater often.)

#### **Baking**:

Turn batter into pan. Bake in moderate oven (350° F.) 50 minutes, or until done. Frost with Almond Cream Frosting.

## ALMOND CREAM FROSTING

Combine in saucepan 3/4 cup sugar, 1/4 cup milk, 3 tablespoons vegetable shortening, and dash of salt. Bring slowly to a full boil, stirring constantly. Continue boiling 3 minutes without stirring. Cool to lukewarm. Add 1/4 teaspoon almond extract and beat until frosting starts to lose its gloss and is of right consistency to spread.

## FRUIT SAUCE CAKE

#### **Preparations:**

Have the shortening at room temperature. Grease 9x5x3-inch loaf pan, line bottom with waxed paper, and grease again. Start oven for moderate heat (350° F.). Sift flour once before measuring.

Measure into bowl:

Measure into cup:

Have ready:

 $\frac{1}{2}$  cup vegetable shortening

 $\frac{3}{4}$  cup sweetened apple sauce

or rhubarb sauce

 $\frac{1}{2}$  cup chopped nut meats

1 teaspoon vanilla

2 eggs, unbeaten

 $\frac{1}{2}$  cup cut raisins

#### **Measurements:**

#### Measure into sifter:

- 2 cups sifted Swans Down Cake Flour
- 2 teaspoons Calumet
- **Baking Powder**
- 3/4 teaspoon salt
- 1/4 teaspoon soda
- $\frac{1}{2}$  teaspoon cinnamon
- $\frac{1}{2}$  teaspoon cloves
- $\frac{1}{2}$  teaspoon allspice
- 1 cup sugar

#### Now the "Mix-Easy" Part:

Mix or stir shortening just to soften. Sift in dry ingredients ; add 1/2 of liquid and the eggs. Mix until all flour is dampened; then beat 1 minute. Add remaining liquid, raisins, and nuts; blend and beat 2 minutes longer. (Count only actual beating time. Or count beating strokes. Allow at least 100 full strokes per minute. Scrape bowl and spoon or beater often.)

#### **Bakina**:

Turn batter into pan. Bake in moderate oven (350° F.) 1 hour and 15 minutes, or until done.

## ONE-EGG WONDER CAKE

#### **Preparations:**

Have the shortening at room temperature. Grease 9x9x2-inch pan, line bottom with waxed paper, and grease again. Start oven for moderate heat (350° F.). Sift flour once before measuring.

#### **Measurements:**

Measure into sifter:

2 cups sifted Swans Down Cake Flour 2 teaspoons Calumet Baking Powder <sup>3</sup>/<sub>4</sub> teaspoon salt 1 cup sugar

#### Now the "Mix-Easy" Part:

Mix or stir shortening just to soften. Sift in dry ingredients; add 1/2 of liquid and the eggs. Mix until all flour is dampened; then beat 1 minute. Add remaining liquid, blend, and beat 2 minutes longer. (Count only actual beating time. Or count beating strokes. Allow at least 100 full strokes per minute. Scrape bowl and spoon or beater often.)

#### **Baking:**

Turn batter into pan. Bake in moderate oven (350° F.) 35 minutes, or until done. Or bake in two greased and lined 8-inch layer pans in moderate oven (375° F.) 25 minutes, or until done. Frost with chocolate frosting.

## LEMON MERINGUE CAKE

Mix the Happy Day Cake given on back of package, adding 2 teaspoons grated lemon rind to shortening. Bake in prepared 13x9x2inch pan in moderate oven (375° F.) 35 minutes as directed.

Beat 2 egg whites and dash of salt until foamy. Add 1/2 cup sugar, 2 tablespoons at a time, beating after each addition until sugar is blended. After all sugar is added, continue beating until mixture will stand in peaks. Add 1/4 teaspoon almond flavoring.

Spread meringue mixture lightly over hot cake in pan and sprinkle with  $\frac{1}{4}$  cup chopped nut meats or  $\frac{1}{2}$  cup Baker's Coconut. Bake in moderate oven (375° F.) 10 minutes, or until lightly browned. Cool and cut cake in pan.

# IMPORTANT POINTS About Swans Down "Mix-Easy" Cakes

- 1. Use only Swans Down Cake Flour in these "Mix-Easy" recipes. The quantities and method have been developed especially for Swans Down.
- 2. Swans Down Cake Flour itself has not changed. You can use old favorite recipes just as before.
- 3. Do not try to switch your old recipes over to this new method. The ingredients are balanced differently. Always use a "Mix-Easy" recipe to make a "Mix-Easy" cake.
- 4. Mix either by hand or by electric mixer. Use low to medium speed of mixer.

New "Mix-Easy" cakes are constantly appearing in Swans Down advertisements and in package inserts like this one. Watch for them!

Measure into bowl:  $\frac{1}{3}$  cup vegetable shortening Measure into cup:

<sup>3</sup>/<sub>4</sub> cup milk 1 teaspoon vanilla Have ready:

1 egg, unbeaten

Have ready:

# GUARANTEE

Double the cost of all ingredients back, if you don't think your Swans Down "Mix-Easy" cake is better than any similar cake you've baked with any other flour!

More women choose Swans Down than all other packaged cake flours put together.



# Bake a better cake with SWANS DOWN!

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